Setup babel:  
file: package.json

"scripts": {

"test": "echo \"Error: no test specified\" && exit 1",

"start": "nodemon --exec ./node\_modules/.bin/babel-node src/server.js",

"build-src": "./node\_modules/.bin/babel src -d build --copy-files"

},

And

"devDependencies": {

"@babel/cli": "^7.12.10",

"@babel/core": "^7.12.10",

"@babel/node": "^7.12.10",

"@babel/preset-env": "^7.12.10",

"nodemon": "^2.0.7",

"sequelize-cli": "^6.2.0"

}

"build": "node build/server.js"

Setup mysql:

<http://localhost/phpmyadmin/index.php>  
Click: User accounts, Edit privileges, Change password.  
xampp/mysql/bin/my.ini  
add   
[mysqld]

skip-grant-tables